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Imparting a Vibrant State of Mental Coherence And Clarity

Primary Indications:

- * A foundational remedy for any professional lifestyle that demands high level sustained mental focus and intellectual clarity – such as research, writing, teaching, office management, or public speaking
- * For students who are facing major exams or needing to bring intellectual focus to difficult subject matter
- * For general dullness and mental lethargy, especially during the daytime; or when sleeping and eating rhythms distort or disrupt mental clarity
- * As a supplementary aid for those with a history of learning disorders or mental confusion; along with other appropriate therapies
- * During any major project requiring extra forces of mental concentration and clarity

Application Note: Mind-Full is best sprayed on the tongue and misted around the head with eyes closed. It can be taken as often as needed, typically 3-4 times during the period of most mental activity.

Positive qualities: A vibrant state of mental coherence and clarity; rhythmic and balanced use of intellectual forces; wakeful focus, interest and insight of one's mental forces

Patterns of imbalance: Scattered or shallow thinking, easily distracted or disengaged; depletion of mental forces due to extreme demand or over-use of stimulants; confused, dull or sluggish mental forces

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